

# SHARING the QUEST

with Mystic and Mantra Master

MUZ MURRAY

19<sup>th</sup> - 20<sup>th</sup> June 2010

10.00 am - 5.30 pm Westcliff-on-Sea, Essex



Since the beginning of time all spiritual cultures have spoken of the mystery of Sound as the origin and motivational energy of the universe. Sages have always stated that mantric chant is the direct path to Enlightenment. The secrets of this living tradition have not been lost. In his workshops Muz Murray (known as Ramana Baba in India) utilises the ancient application of the tantric-mantric art, in which we experience its profound effects on the body, mind and soul.

Muz Murray is an Awakened mystic and spiritual master who has been sharing the magic of mantra all over Europe and India for the last forty years. He brings his vast experience, wide-ranging spiritual knowledge and wisdom, humour and a warm open heart wherever he goes. He is the author of "*Seeking the Master*" (a Guide to the Ashrams of India) and "*Sharing the Quest*"— an honest and powerful guide to a spiritual life in the world.

This is a unique opportunity to study with one of the rare Heart-Masters of mantric knowledge and Advaita Vedanta in the West. Muz will be offering an Introduction to the Spiritual, Psychological and Practical Aspects of Mantra, plus pranayama, the energisation of the physical body with the Mantric Alphabet, Mantra Chant practice and Satsang. At this workshop your perplexing spiritual and yoga questions may finally be answered. Bring them all and welcome!

Venue: 78 Burdett Avenue, Westcliff-on-Sea, Essex. S50 7JW. Non-Residential.  
Workshop Cost: £80 per person. Bring your own lunch. Light refreshments available.

Optional Indian vegetarian meal Saturday Evening.  
To Book: Contact Carol Sheridan on 01702 330666 or  
E:mail [carolsheridan@amritha.co.uk](mailto:carolsheridan@amritha.co.uk) Limited availability.

# Booking Form

Muz Murry

Weekend Workshop - 19/20<sup>th</sup> June 2010

10am to 5.30 pm

Name.....

Address.....

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Telephone Number.....

E-Mail Address.....

Cost - £80    Deposit - £40 secures your place  
Balance Due by 5<sup>th</sup> June 2010

Light refreshments available. Bring your own lunch.

Would you like to stay for Vegetarian Indian Supper 19<sup>th</sup> June 2010 Yes/No? To be served around 7.00 pm

Please make cheques payable to **Amritha Limited** or alternatively send electronic payment to The Co-operative Bank, Sort Code: 08-92-50 Account Number 70127120.

Please find enclosed/I have transferred £.....

Please send this form to:-

Amritha Limited, Halstead, 78 Burdett Avenue, Westcliff-on-Sea, Essex SS0 7JW. Or Fax 01702 335666

Should you have any queries then please do not hesitate to call  
Carol Sheridan on 01702 330666.

[www.amritha-hypnosis.com](http://www.amritha-hypnosis.com)